



NOVEMBER LIGHT & JOY

MONTHLY MAKINGITWORK4U NEWSLETTER

HERE'S WHAT I KNOW

BY JO ROTHCHILD

With the holiday season on it's way, it's really important that we focus on us, self-care is a necessity, however we also need to remember all the people around us who are less fortunate.

Tips

1. Spend time out in nature.
2. Catch up with old friends
3. Make Holiday food even if you have no guests coming.
4. Listen to Holiday music, get in the spirit- regardless!

Have you started writing your **journal**?
Now is a great time to focus in on you!

What are you doing for yourself this holiday season?

*As Always,
Would love to hear from you.
I answer all my emails personally!*
❤️ Jo

WHAT'S NEWS

Check Out my blog about
Holiday Spirit

Have you seen my latest **FREE**
Business & Marketing Plan?

Everything you need to know
about a
Virtual Assistant

